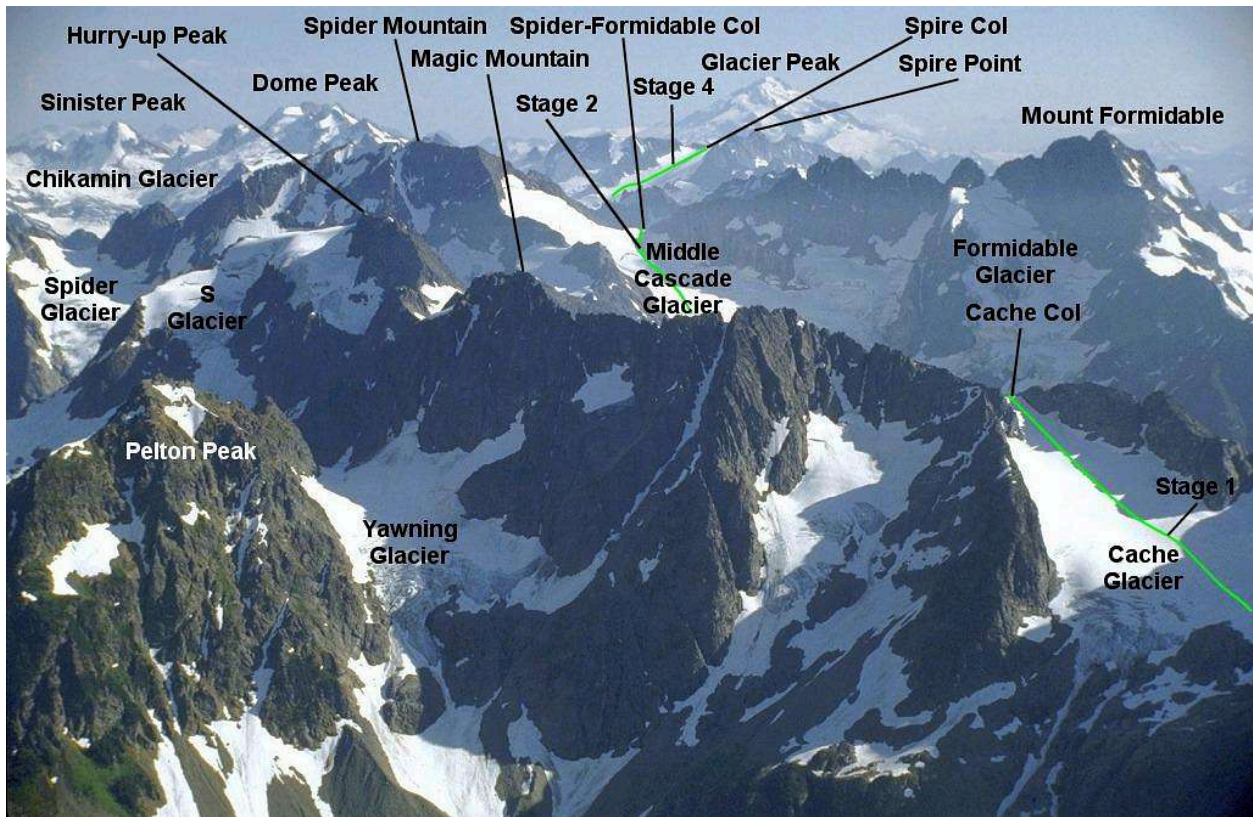# The Ptarmigan Traverse

A Wilderness Expedition
through the heart of the North Cascades
in Washington State

Advent Wilderness Expeditions - AWE

Experiencing AWE Through Wilderness Adventure

Tentative Itinerary:

Tuesday August 20

    5:00 pm   Meet Group a Downey Creek Trailhead

                          Gear Check

                          Shuttle (leave cars at the downey Creek TH

                   Drive to Cascade Pass TH.

                   (Road Closed 3.5 miles before TH - Road Hike)

    7:30 pm   Camp at Cascade Pass Trailhead

                                      First Meeting - Briefing

Wednesday, Aug 21

  Hike to Cascade Pass - Cash Col - Coolaid Lakes - Camp 1

  5.75 miles - 4175' Elevation Gain

Thursday, August 22

  Wake up and take it in - TAG Time

    Pass the "Red Ledge" and cross the Middle Cascade Glacier

    Pass Spider-Formidable Col Descend on the South Side

    High camp - Melt Snow

    2.75 miles 1900' Elevation Gain

     Optional Climb of Mount Formidable (or Next morning option)

      .8 miles 1170 Elevation Gain

Friday, August 23

  Descend 1450' to Yang Yang Lakes

  Traverse under LeConte Mountain and cross the LeConte Glacier

  Climb to a high pass below Sentinel Peak. High Camp

  4.7 miles - 3000" elevation Gain

Saturday, August 24

  Sunrise on Sentinel / Old Guard Peak

  .5 mile 700' Gain

  Cross the expansive South Cascade Glacier

  Descend to Camp at White Rock Lakes - Solo Experience

    1.8 miles 1200' descent

Sunday, August 25

   Alpine Start - Ascend to Spider Col, Establish Camp

    1.9 miles Ascent 2190'

   Optional Summit - Dome Peak.

    2.5 miles Glacier Traverse 1700' Ascent 1000 decent to summit

   Return to Camp at Spider Cole

    2.5 miles 1000' Ascent and 1700' Descend to camp

Monday, August 26

   Descend to Cub Lake and then climb 850' out of the basin to a long descent through alder groves and down timber (toughest day of the traverse) to junction with Downey Creek Trail. Camp Here In the Rainforest.

   6.6 miles 6150' descend

Tuesday, August 27

   Hike out to Downey Creek Trailhead

   Run shuttle, Celebration Dinner - Airbnb

    6 miles Descend 1780'

Wednesday Aug 28

Travel home

2 Hours and 15 min to Seattle Airport