

EAST-CENTRAL AFRICA DIVISION

MEN'S MINISTRY LEADERSHIP CERTIFICATION COURSE



MODULE 9: FATHERHOOD

*Be watchful, stand firm in the faith,
act like men, be strong.
~ 1 Corinthians 16:13*

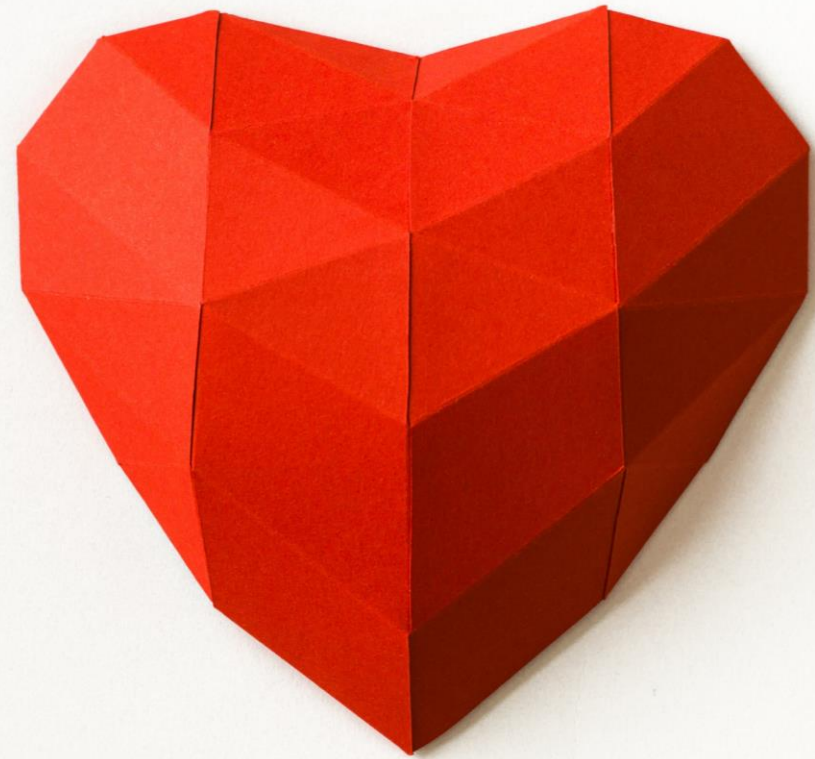
The Fatherhood Challenge of Time

- Most men see fatherhood as a positive experience and central to their identity.
- Most men say they spend too little time with their kids due to work.
- Most kids would rather have time with their dad than the things he provides.



Kids spell love...

T.I.M.E.



T is for TOUCH

- Kids love safe, affectionate, age-appropriate touch
- Wrestle, hug, and cuddle your kids



I is for Interest

- Ask about their friends, hobbies, and worries
- Listen; don't lecture!



M is for MAKE MEMORIES

- Play with your kids
- Let them help you fix things
- Give them 10 minutes of undivided attention daily



E is for Encourage

- Give specific praise for positive choices, character traits, and attitudes
- Tell your kids what you admire about them



RAISING SONS

What every son wants and needs from his father:

- Time together
- Life skills (Proverbs 22:6)
- Direction with solid “Why?” answers (Deut 6:6-7)
- Convictions through modeling (1 Thess 2:10-11)
- Dad’s heart (Matt 17:5)
 - I love you
 - I’m proud of you
 - You’re good at



RAISING DAUGHTERS

What Can Dad do for his Daughters?

- Date his daughters and stay involved in their lives on a personal level
- Encourage and participate in ceremonies celebrating true femininity
 - At puberty
 - At baptism
 - Upon leaving home
 - Graduation from college
 - Marriage





Fathers & Daughters – What dad contributes to his daughters:

If he is there...

- They are very secure in their identity as women
- They easily relate to the opposite sex
- They often have a highly fulfilling sex life with their husbands

If he is not there....

- They develop personalities that are insecure, anxious, and have difficulty forming healthy relationships with men.
- OR...they become inappropriately self-assertive, angry, promiscuous, and desperate

What Can Dad do for his Daughters?

Establish, with his wife, a clear definition of what it means to be a real woman.

A real woman is one who

1) rejects worldly temptations for significance, 2) nurtures the next generation, 3) believes in God's promises, 4) Expects God's greater rewards





What Can Dad do for his Daughters?

- Help mom, if at all possible, stay home with the children, especially in their critical, formative years
- Support, honor, and cheer for true feminine values in his wife and daughters

Father Types

- Male parent
- Biological father
- Adoptive father
- Step-father
- Dad
- Patriarch



5 Kinds of Fathers

1. Irresponsible Father – zero involvement with his kids



2. Ignorant Father – no idea what he's doing and doesn't really try

3. Inconsistent Father – torn by personal ambition, selfishness, guilt, feeble attempts to fix everything, no stable sense of security or identity passed down to his children



4. Involved Father – shows up at events, puts porn filters on computers, comes up short



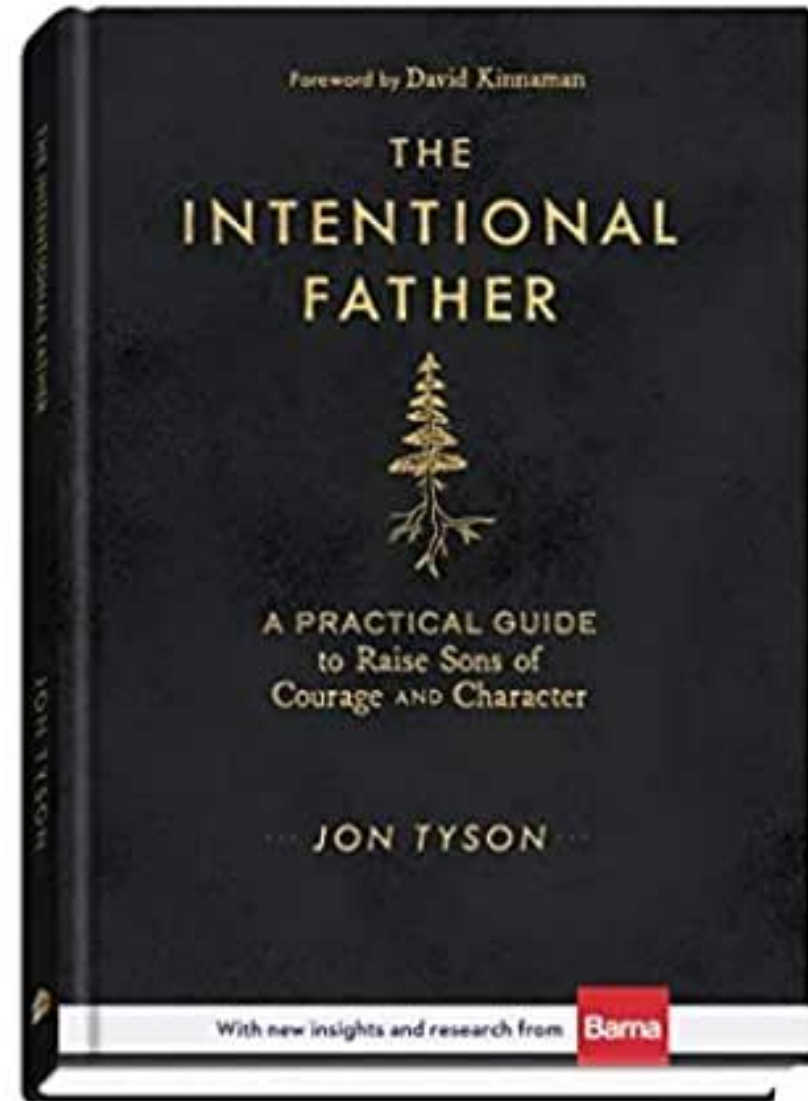
5. Intentional Father – deeply invested in knowing his children, how he can help them reach their redemptive potential, purpose in life. Sees parenting as central to his call and does it with all his might. Leaves a multigenerational blessing in the lives of his children.



The Intentional Father

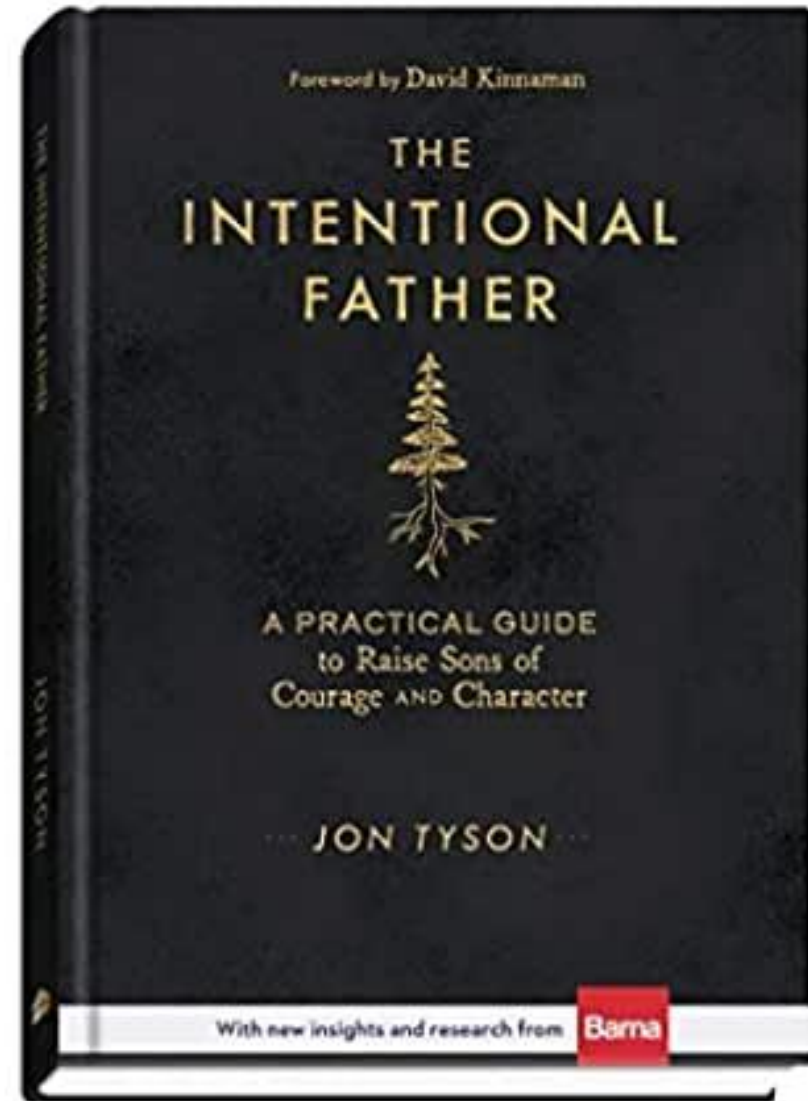
The Intentional Father: A Practical Guide to Raise Sons of Courage and Character by Jon Tyson

Dads today are often overwhelmed with both the responsibility and the complexity of raising sons in this challenging culture. At the same time self-initiation is killing our young men. Without strong mentors, boys are walking alone into a wilderness of conflicting messages about who they should be as men. It's no wonder that our sons are confused about what the world expects from them and what they should expect of themselves.



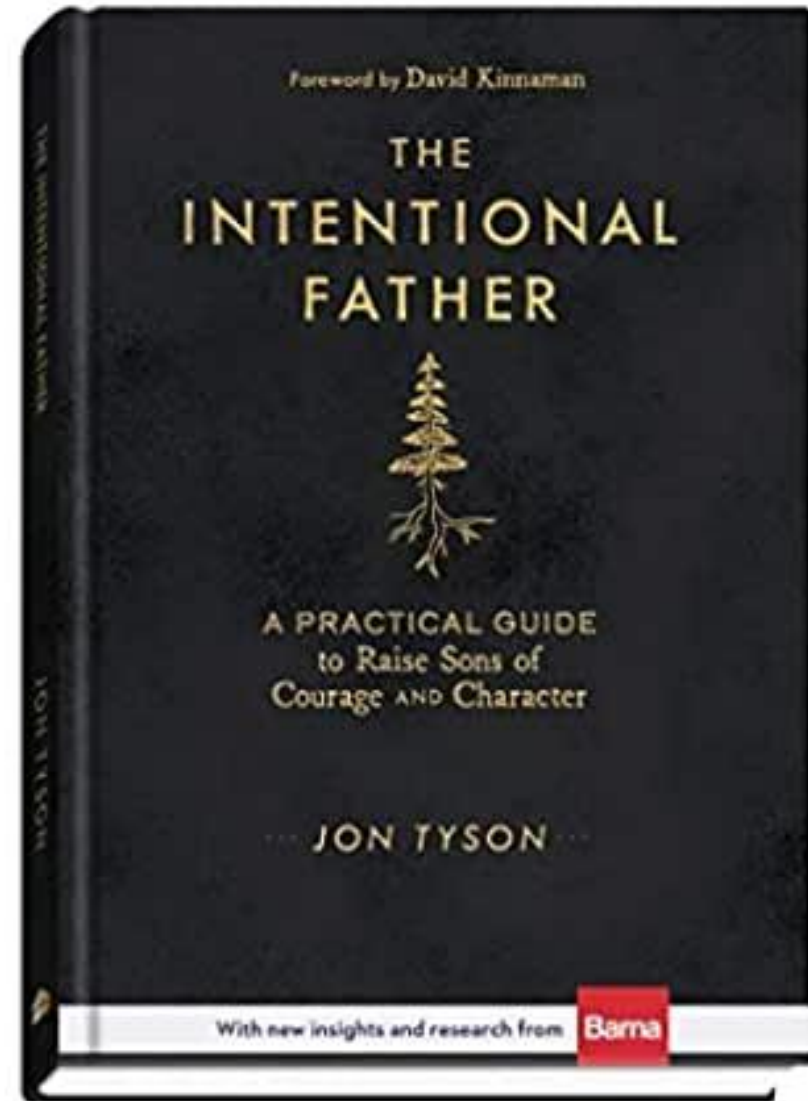
The Intentional Father

- *The Intentional Father* is a helpful antidote. This concise book is filled with practical steps to help men raise sons of consequence--young men who know what they believe, know who they are, and will stand up against the negative cultural trends of our day. Jon Tyson lays out a clear path for fathers and sons that includes specific activities, rites of passage, and significant "marking moments" that can be customized to fit any family.



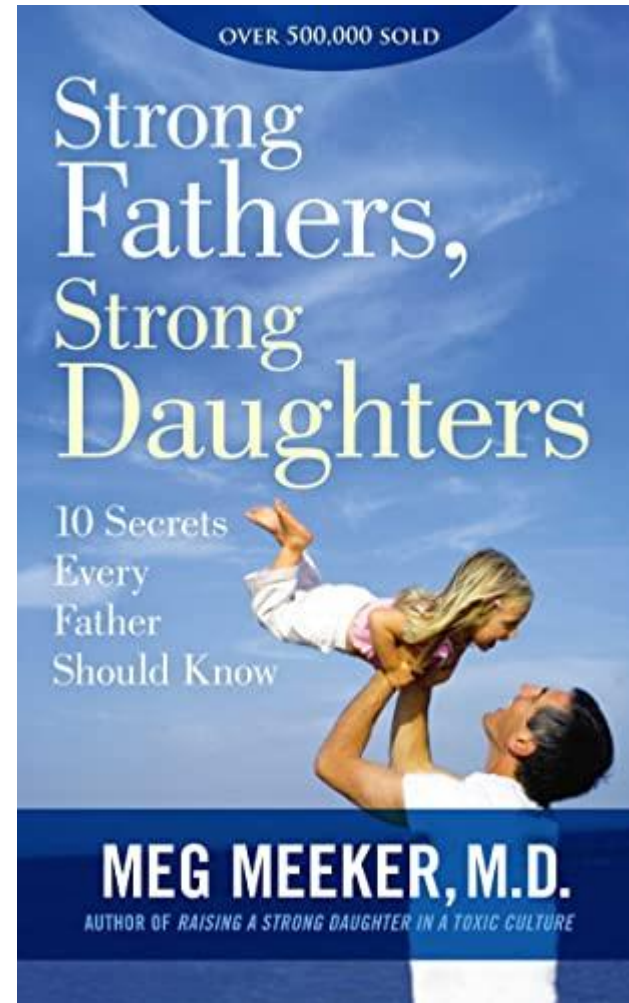
The Intentional Father

- It's not enough to hope our sons will become good men. We need them to be good at *being* men. This book shows fathers, grandfathers, and other male mentors how to lead the way.



Strong Fathers, Strong Daughters: 10 Secrets Every Father Should Know, Meg Meeker, MD

1. You Are the Most Important Man in Her Life
2. She Needs a Hero
3. You Are Her First Love
4. Teach Her Humility
5. Protect Her, Defend Her
6. Pragmatism and Grit: Two of Your Greatest Assets
7. Be the Man You Want Her to Marry
8. Teach Her Who God Is
9. Teach Her to Fight
10. Keep Her Connected

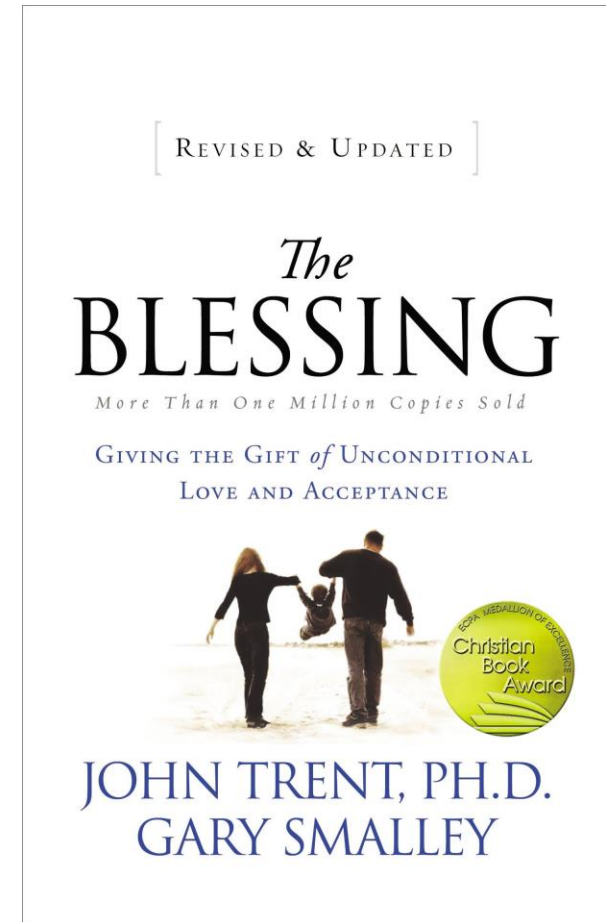


The Blessing: Giving the Gift of Unconditional Love and Acceptance, John Trent, Gary Smalley

Why is the Blessing so important? There is a hole in the soul of every man and woman to be known completely, and yet to be accepted and loved unconditionally. It is a lifelong quest that can only be filled by God's love and acceptance through your parents, siblings, and close friends.

The Blessing prescribes 5 essential elements...

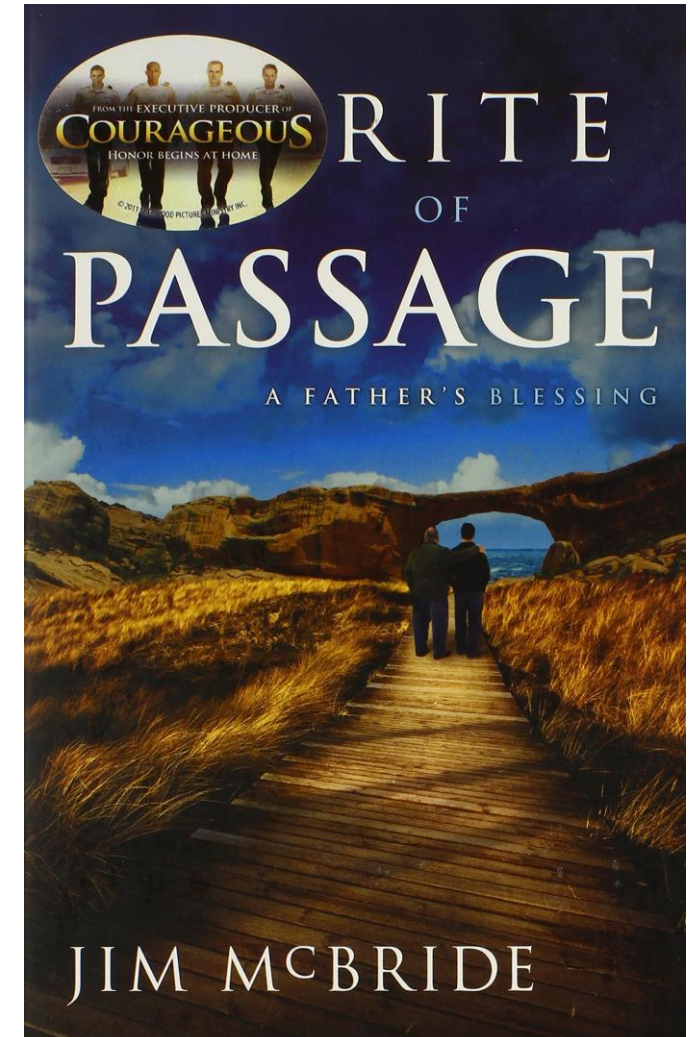
1. Meaningful touch
2. A Spoken Message
3. Attaching High Value
4. Picturing a Special Future
5. An Active Commitment



Rite of Passage: A Father's Blessing, Jim McBride

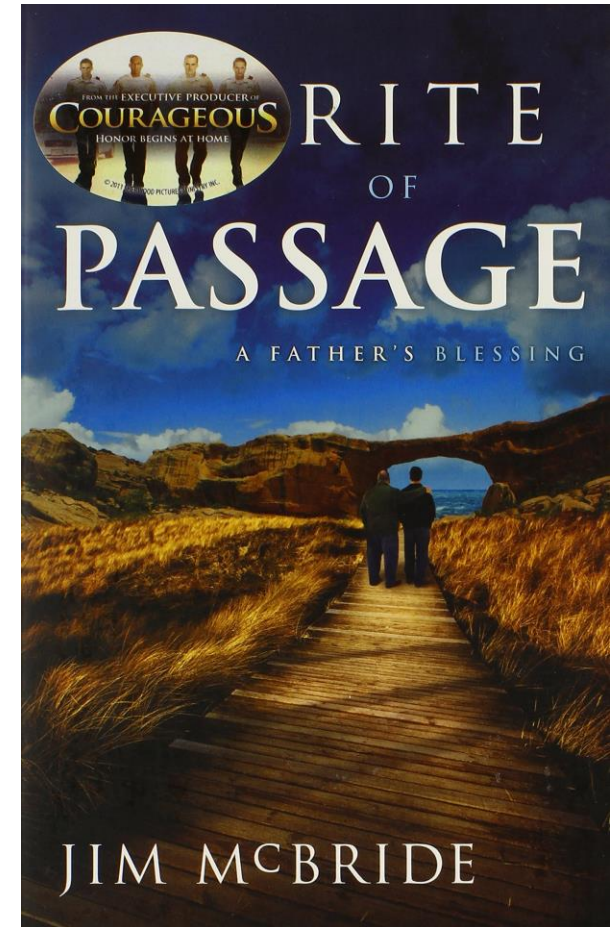
Why a Rite?

Inviting a teenager into adulthood on purpose is better than letting it happen by accident. It is part of our God-given responsibility in the stewardship of the lives of our children to call out the man in our boys and the women in our girls.



Fathers are coming up short in three ways

1. We have failed to deliver to our sons a clear, inspiring, biblically grounded definition of manhood... telling a boy to be a man without defining manhood is like saying, Be a success. It sounds good but takes you nowhere.
2. Most fathers lack a directional process that calls their sons to embrace the manhood they should be able to define. Boys need a specific language and training helps him “put away childish things”
3. Loss of ceremony





Step I: Manhood Boot Camp 6 weeks (Days 1-41)

And Jesus increased in wisdom (mind) and stature (body) and in favor (spirit) with God and man. Luke 2:52

Teaching and Training:

- Mind
 - Manhood Principles, Disciplines and Habits
- Body
 - Life Skills Development, Health and Fitness
- Spirit
 - Character Development, Walking with God and Man

Step II: Blessing Ceremony

1 day (Day 42)

This is my beloved Son in whom I am well pleased. Matthew 10:17

Bootcamp Blessing Ceremony

- Affirmations
- Prayer of Blessing
- Gift of Personalized EDC (Every Day Carry)

Step III: Wilderness Challenge 7 days (Days 43-49)

Then Jesus was led by the Spirit into the wilderness... Matthew 4:4

“Through the Wilderness” ... A 6-Day Wilderness Challenge:

- Day 1 – Travel Day
- Day 2 – Trek to Basecamp
- Day 3 – Climbing Skills
- Day 4 – The BIG DAY... an 18-hour physical, mental, and spiritual test
- Day 5 – Solo Day... 18 hours of fasting, meditation, and prayer
- Day 6 – Trek Back to Trailhead
- Day 7 – Travel Day

Outcomes

- Character, skills, disciplines, habits... he is prepared for manhood

Step IV: Rite of Passage Ceremony 1 Day (Day 50)

*This is my beloved Son, with whom I am well pleased; listen to him.
Matthew 17:5*

The “Rite” of Passage Ceremony on the 50th Day

- Banquet
- Affirmations, Blessings, and Gifts
- Prayer and Anointing
- Circle of Men

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MODULE 9:
END