

The Adulting Challenge

The Challenge: Between now and April 30, you must complete 150 points worth of activities from this list. You must have at least two items from each point level. You cannot count things you already do in your final points for this challenge. (Ex 1.: If it is already your job to do the laundry, you cannot get the points for doing laundry. Ex. 2: If you already use Venmo, you can't count that one.) The purpose of this is to get you to take on some of the responsibilities you haven't already, because let's face it, ALL of these things will be your responsibility soon! To get credit for an activity, you **MUST** do the activity completely **by yourself**. However, it is okay to ask someone questions about HOW to do it.

Proof of Completion: You must provide photographic or video proof of each activity you claim points for. You will take these pictures/videos and put them into a simple Google Slides presentation, which you will submit by May 3. On the last slide of the presentation, you will include a short video of one of your parents/guardians, where they will talk about their observation of you doing these things and their verification that the activities you claimed points for weren't already part of your family or personal responsibilities.

Rewards:

- Every senior who completes the 150 points and the presentation, following all guidelines, will receive a \$5 gift card to the coffee shop/restaurant (in the Chattanooga area) of his/her choice.
- The **TOP** point earner who adheres to all guidelines will receive a \$50 gift card to the location of his/her choice.
- All participants will receive the joy and satisfaction of a job well done, as well as the confidence that they can survive "out in the real world."

Really Easy 5 Points

- Purchase and pump a tank of gas unassisted.
- Figure out the tip at a restaurant.
- Create a budget for the week and follow it.
- Make a schedule for the week and follow it.
- Check oil/car fluids.
- Get up an hour earlier than usual and complete an assignment.
- Help a neighbor with something.
- Compliment 10 people throughout the day.
- Buy tampons/pads/feminine products at a store alone (10 points if you are a guy).
- Roll out the trash. (Make sure to collect trash throughout the house before doing so.)
- Remove/kill a scary bug or spider instead of asking someone else to do it.
- Find the switches in your house's breaker box and see if they are labeled. (If they aren't labeled, see item in 20 point section.)
- Find out how to open your garage door if the power goes out and the garage door opener doesn't work.
- Register to vote.

- Sign up for the draft.

Easy 10 Points

- Make a pot of coffee not using a pod.
- Change the HVAC filter in your house/apartment.
- Make an appointment somewhere (doctor, dentist, etc.).
- Ask a store employee for assistance.
- Make a return to a store unassisted.
- Out of your wardrobe, put together three outfits: one for an interview, one for a meeting, and one for a date.
- Collect recycling at your home for a week. Sort, making sure to break down boxes. Take to recycling center.
- Wash all the dishes for a day at your house. (Collect dishes from wherever they may be scattered. Either wash and dry by hand or in dishwasher. Put dishes away.)
- Schedule your college orientation.
- Sign up for your dorm.
- Take your car in for an oil change.
- Make someone a birthday cake.
- Pay a bill online.
- Change a baby's poopy diaper.
- Admit you were wrong about something and apologize.
- Make a chart comparing interest for both savings accounts and CDs at three different banks.
- Use an Uber.
- Read a book to a little kid.
- Invite someone to your religious service (it can be virtual--just ask them and send them the link).
- Examine a medical bill and reconcile it with an EOB. Figure out how much money your family has or will have to pay out of pocket for that particular expense.
- Make or find a chart that explains all of the laundry symbols on clothing tags.

Medium 15 Points

- Complete a load of laundry from sorting to putting away.
- Iron a shirt.
- Sew on a button.
- Write and mail a thank you note/letter (real paper, not electronic).
- Speak to a manager (for something negative or positive).
- Shop for groceries--write a list, shop, and put items away.
- Watch a sibling or babysit for 3+ hours.
- Mow the lawn and trim the edges.
- Detail clean baseboards and blinds.
- Contact and set up the time for work to be done at your home. Supervise the work.
- Learn and practice basic first aid skills.

- Open a Zelle, CashApp, or VenMo account and get someone to send you money.
- Plan and execute a socially distanced date.
- Teach an older person a modern way of communication and communicate with them that way.
- Complete and submit your income taxes.
- Sell something online.
- Interview for a job.
- Set up a LinkedIn account.
- Box something up and mail it.
- Clean out and organize the family's junk drawer.
- Check through the refrigerator and cupboard and throw out things that are out of date.

Hard 20 Points

- Do a load of laundry at a laundromat. (Wash, dry, fold, take home, put up.)
- Clean all the bathrooms in the house until they sparkle.
- Change a tire on a car.
- Change the oil in your car yourself.
- Make a real meal for your family that includes an entree and two nutritious side items (5 extra points if you can feed four people for \$15 or less).
- Make amends to someone you have wronged.
- Open a Checking or Savings account.
- Hem pants or a skirt.
- Get your passport.
- If the switches in your house's breaker box are not labeled, figure out which switch works for what part of the house and label them.
- Wash and detail a car, inside and out.
- Sew a face mask.
- Create a video showing how to do something and share it with the class.