

IGNITE THE FIRE

MEN'S RETREAT



STERN MOUNTAIN

NOVEMBER 13-15, 2020



Greetings Brothers,

The fall season is here... the season of vibrant colors, cool temperatures, and campfires. So, what could be better than a men's retreat where these converge! The ***Ignite the Fire Men's Retreat*** is a weekend event designed to ignite your burnt-out soul through challenging messages, inspirational music, deep conversations, outdoor recreation, and brotherhood!

Pivoting...

As many of you know, the GCC-SAC Ignite Men's Retreat was cancelled due to the Covid-19 pandemic restrictions that would have been placed on us at Cohutta Springs Conference Center. A men's retreat that required social distancing and mask wearing was a non-starter! So, because of these challenges we have pivoted and embraced a smaller gathering in the great outdoors where many of these restrictions would be eased. (Please know that we will still take every reasonable precaution to minimize exposure at the retreat)

Igniting the Fire...

We are living in some of the most challenging and uncertain of times. During the past year we have experienced a global pandemic, social and racial unrest, political friction, wildfires, hurricanes, and more. We all sense that the end is near and that we must seek God and pray for the outpouring of the Holy Spirit that will ignite a fire that lights the whole world! And to this end we present the theme of our weekend... Ignite the Fire!

The Invitation...

If God is calling on your heart to ignite the fire of your heart, consider joining with other like-minded men at the ***Ignite the Fire Men's Retreat*** at Stern Mountain. To discover more details about the weekend, check out the following information packet and make plans to attend. Hope to see you at the retreat!

Here's to Building Better Men for Him,



Marty Miller, Chief Architect
Blueprint for Men, Inc
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Blueprint for Men, Inc. is a 501(c)(3) nonprofit ministry that seeks to provide leadership and guidance for men who want to live the way God intended it to be. A life of true meaning, fulfillment, and purpose. Through a wide variety of resources and programs we seek to educate and encourage men who dare to step up and become the men God intended them to be... better husbands, better fathers, and better disciples of Christ!

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1 OVERVIEW and FAQs

Overview

The *Ignite the Fire Men's Retreat* is a weekend outdoor event designed to ignite your burnt-out soul through challenging messages, inspirational music, deep conversations, outdoor recreation, and brotherhood!

FAQs

Why should I attend the retreat?

Because we all need to be on fire for God, our families, and our churches

When does the retreat take place?

November 13-15, 2020

Who should attend the retreat?

Ordinary men from the age of 13 to 93 that desire to become extraordinary men of God through developing a closer walk with God and fellowship with brothers seeking the same.

Where does the retreat take place?

The retreat will take place at Stern Mountain, located at 578 Mountain Rd, Cleveland, TN. The property is mostly forested, with fields around the house and barn.



What is Stern Mountain like?

This private property consists of 600+ acres (1 square mile) of fields and forest that ranges from moderately hilly to very steep terrain. The picture below is from the highest ridgetop with expansive 360-degree views.



What are the accommodations?

Those staying for the entire weekend will be camping in the fields and forests near the barn. There is a restroom in the barn. No showers... very basic!

Can we commute for the retreat or just come out for the day?

Yes. You can attend the entire event without camping.

What about meals?

Saturday lunch and supper are provided. Campers should prepare all other meals. Please inform of food allergies.

What are the plans for security and emergencies?

The property is gated so no one enters without permission. Several staff and participants have first responder training and will have first-aid supplies on hand.

Cell phone signal?

Cell phone signal is spotty!

What is the cost for the weekend?

There are several packages to choose from which are listed below.

Camping

- \$40 Full Weekend

Commuter

- \$30 Saturday only

What is SWAG?

SWAG is "Stuff We All Get"! So basically, everyone who attends the retreat, whether for the day or the entire weekend, will get the following SWAG...

- T-Shirt + Cap + Dog Tag

What should I bring?

Commuters

Plan on wearing comfortable outdoor clothing and hiking shoes. Please bring a camp chair and bible for meetings. A hammock might be nice for taking a nap. Water and snacks might be nice. For some of the activities you should bring a small daypack with survival/outdoor stuff. A headlamp is helpful after the sun goes down. We are men. Be prepared!

Campers

See following gear list

How do I register?

Register and pay on *Eventbrite*, Deadline November 10, 2020. The link is at www.blueprintformen.org
Complete the registration paperwork (release and medical) and bring to the retreat

What if I still have questions?

Contact Marty Miller at 423-322-8491 or Tom Pyke at 423-313-1807. Try texting before calling!

2 RETREAT LEADERSHIP

Retreat Speaker

Grant Graves



GRANT GRAVES is a veteran educator, gifted speaker, and author. His career path includes teaching from elementary through college and more recently as a corporate sales and marketing trainer. He loves working out, listening to books and podcasts, and spending time with his wife Riley and their daughter Libby. Recently he released his first book, "Fearless: Finding Courage in the Character of God". His dream is to one day hear Jesus say, "Well done, my good and faithful friend."

Retreat Organizer

Marty Miller



MARTY MILLER is a veteran educator, outdoor professional, and a leader of men. He is the founder and president of *Blueprint for Men* which provides men's ministry leadership for the *Georgia-Cumberland Conference* and beyond. Through retreats, rallies, and small groups the *Blueprint for Men* network continues to impact a growing number of men across the country. Marty and his wife, Gale, are the proud parents of two adult children and three grandchildren. Life is good!

Retreat Coordinator

Tom Pyke



TOM PYKE is a veteran business operations manager, seasoned outdoorsman, and a leader of men. He has guided and supported *Blueprint for Men* since its inception serving as the ministry secretary and much more. Tom's greatest joy is to lead small groups where men experience a daily walk with God and become the men God designed them to be. He and his wife, Trina, have raised 5 boys to manhood and enjoy traveling from Montana to Kentucky visiting their grandkids. Life is good!

3 SCHEDULE

Friday

3:00 pm	Check-in and Camp Set-up
6:00	Supper
7:00	Group Meeting
8:30	Outdoor Skills
10:00	Quiet

Saturday

8:00 am	Breakfast
9:00	Outdoor Skills
10:30	Group Meeting
12:00 pm	Lunch
2:00	Outdoor Skills
4:00	Group Meeting
5:30	Supper
7:00	Ignite the Fire Challenge
9:00	Circle of Men
11:00	Quiet

Sunday

8:00 am	Breakfast
9:30	Closing Ceremony
10:30	Depart

4 GEAR LIST

Clothing

- Comfortable set of clothes and shoes
- Durable set of clothes and shoes/boots
- Rain Jacket
- Warm jacket or hoody
- Cap

Equipment

- Sleeping bag + Pillow
- Sleeping mat or hammock
- Tent/Tarp
- Daypack
- Toiletries
- Water
- Snacks
- Toilet Paper

- Pen/pencil
- Bible
- Medications
- First Aid Kit
- Camp chair
- Headlamp/Lantern
- Axe and fire building supplies

5. REGISTRATION

Register and pay on Eventbrite, Deadline November 10, 2020. The link is at www.blueprintformen.org Complete the registration paperwork below (release and medical) and bring to the retreat. If you have special needs, please contact the retreat leader by email or phone. Thanks!

- Release Form – send PDF copy via email to contact@blueprintformen.org
- Medical Form – send PDF copy to contact@blueprintformen.org

BLUEPRINT FOR MEN, INC
Release Form

Participant Name: _____

Date of Activity: _____ to _____, 20 _____

Please read Release Form Carefully

I am aware that during my participation in *Blueprint for Men* sponsored adventure activities, certain risks and dangers may occur. These include, but are not limited to: the hazards of being in a wilderness or natural area, on a physical fitness course (i.e. increased heart rate, sudden pulse rate increase, general heart risk [especially for those with past heart conditions], and death), the forces of nature, and other dangers inherent in being in or near a pool, lake, river and other recreational areas.

In consideration of my voluntary election to engage in activities sponsored by *Blueprint for Men*, I do hereby assume all risks and to the fullest extent permitted by law do hereby agree to defend and hold harmless *Blueprint for Men*, their representatives, officers, employees, agents, successors, or beneficiaries from and against any and all personal injury, causes of action, losses, cost, liability, actions, debts, claims, damages, expenses, and demands of every kind and nature whatsoever, including attorney fees and court costs, which I now have or which may arise from or in connection with my presence or participation in any activities arranged for me except for gross negligence or willful acts of *Blueprint for Men*, its employees, agents or contractors.

Further, I agree to indemnify *Blueprint for Men* for any causes of action, losses, cost, attorney fees, liability, actions, debts, claims, damages, expenses, and demands of every kind and nature whatsoever which I now have or which may arise from or in connection with my presence or participation in any activities arranged for me except for losses caused by gross negligence or willful acts of *Blueprint for Men*, its employees, agents or contractors.

This agreement shall be binding upon me, my heirs, executors and administrators. I have been informed of the risks of participating in any and all activities and my participation in these activities is completely voluntary and I assume all risks associated therewith.

By signing below I agree to allow *Blueprint for Men* to use any pictures or video footage of this program for its promotional purposes.

SIGNED, this _____ day of _____, 20 _____

(Minors [anyone under the age of 18] must have their parent or guardian sign on their behalf.)

NAME: _____ SIGNATURE: _____
(Please print full name) (If minor, signature of parent or guardian)

BLUEPRINT FOR MEN HEALTH STATEMENT FORM

The proposed activity provided by *Blueprint for Men* requires participation in physical exercises which are, by their nature, physically demanding. Many of the activities will challenge you, and cause surges in blood pressure and pulse rates. It is imperative that you are free of any heart related or other diseases. Therefore, all participants must be free of medical or physical conditions which might create undue risks to themselves or any others in the group who depend on them. Good physical condition will increase your enjoyment of the outdoor activities. If there is any doubt about your ability to safely participate in this experience, you should consult with a physician. (NOTE: If you have had any heart related problems you will need to have a release form from a physician in order to participate in the program.)

Name: _____

Address: _____

Email: _____ Phone: _____

Date of Birth: _____ Age: _____ Gender: _____

Emergency Contact Person: _____ Relationship: _____

Home Address: _____

Email: _____ Phone: _____

HEALTH HISTORY (circle appropriate response)

Current General Health Condition:	Excellent	Good	Fair	Poor
Have you had or do you currently have any heart problems?			Yes	No
Do you frequently suffer from pains in your chest?			Yes	No
Do you often feel faint or have spells of dizziness?			Yes	No
Has a doctor ever told you that you have high blood pressure?			Yes	No
Do you have arthritis, joint or back problems that are aggravated by exercise?			Yes	No
Have you had any operations or serious injuries?			Yes	No
Do you have any physical disabilities or chronic recurring illness?			Yes	No
Do you have Epilepsy?			Yes	No
Do you have Diabetes?			Yes	No
Are you allergic to any medication, insects or pollen?			Yes	No
Are you currently sick and/or using medication?			Yes	No
Do you have any prescribed meal plan or dietary restrictions?			Yes	No
Are there any activities to be limited/discouraged by physician's advice?			Yes	No
Please describe any "yes" answers above: _____				

Do you carry health insurance? ___ Yes ___ No

Carrier: _____ Policy _____

REPRESENTATION AND EMERGENCY AUTHORIZATION

This health history is correct so far as I know, and I believe that my health is satisfactory to participate in adventure activities. I hereby give permission to the medical personnel selected by *Blueprint for Men* to order injection and/or anesthesia and/or surgery for me. Such authorization for emergency treatment shall also include but is not limited to, charges incurred for the providing of aid and arranging evacuation if *Blueprint for Men* or its agents determine that such evacuation is necessary and desirable. I further agree to assume responsibility for the costs of any specialized means of evacuation and of any medical care and acknowledge any restrictions placed on my activities.

Signature of Participant _____ Date _____

Signature of Witness _____