

MOUNTAIN MAN RENDEZVOUS



WHIGG MEADOW
CHEROKEE NATIONAL FOREST
JUNE 14-16, 2017

Mountain Man Rendezvous

July 14-16, 2017

Greetings Mountain Man,

You are not like most men. You see, most men seek comfort when the sweat drips, the thermometer dips, or a storm approaches. But that's not you. The sophisticated man hunkers down at the local coffee shop, but not you. No, you are a bit of a primitive man, a man who actually embraces the call of the wild, the difficult climb, the uncomfortable weather. If this is indeed the man you are, or that you want to be, we invite you to join us for the *Mountain Man Rendezvous* on the mile high grassy bald known as Whigg Meadow.

So what is the rendezvous all about? Well, the *Mountain Man Rendezvous* is a simply weekend retreat for men who want to escape the clutter and noise of everyday life and embrace the wild outdoors and the Creator of all that is wild! You will have, along with a band of brothers, the opportunity to embark on a journey to grow as authentic godly men both during the weekend and in the days ahead... if you so choose. During our time together you will enjoy...

- Hearty camp-style meals
- Honest conversations about God, marriage, work, and authentic manhood
- Mountain man challenges that include axe throwing and archery
- Inspiring messages and testimonies from other men further along in the journey of life
- Time alone with God to read, meditate, pray, and journal

So men, if this interests you at all, clear your calendar, pack your bags, and let's go! Please read over the following information packet which should answer most of your questions and help you prepare for the Mountain Man Rendezvous. To participate in this adventure you will need to sign-up and pay the \$20 fee by July 20, 2017. Feel free to contact me by phone, text, or email if you have any questions.

Here's to Building Men for Him,

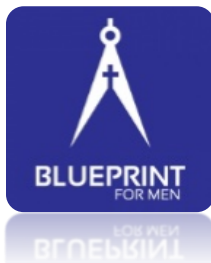
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1 OVERVIEW

WHAT:	Mountain Man Rendezvous
WHO:	Young men who love the outdoors and want to mature as godly men
WHERE:	Whigg Meadow, Cherokee National Forest
PROVIDED:	Hearty camp-style meals Honest conversations about God, marriage, work, and authentic manhood Mountain man challenges that include axe throwing and archery Inspiring messages and testimonies from other men further along in life Time alone with God to read, meditate, pray, and journal
BRING:	You are responsible for your own camping equipment...refer to equipment list
REGISTRATION:	Every participant must complete the following forms found at the back of this information packet and bring them to the rendezvous. <ul style="list-style-type: none">• Participant Form• Release Form• Medical Form
COST:	Donation of \$20 to cover food – make donation at www.blueprintformen.org
SIGN-UP:	July 12, 2017 Deadline

2 LEADERSHIP



Marty Miller, Rendezvous Co-Leader

Marty and his wife Gale, have two adult children, and two granddaughters. He has served in the field of education for over thirty years and now is the chief architect at *Blueprint for Men* which specializes in outdoor adventure for men. Marty is gifted at discovering and sharing spiritual lessons from nature, God's second book, and is also a well-recognized outdoor professional. His greatest joy is seeing young men engaged in a life of purpose and transformation... empowered by the Holy Spirit!



Tom Pyke, Rendezvous Co-Leader

Tom and his wife Trina, have 5 adult sons, and three grandsons between them. His career has been mostly in corporate management, and is currently working with Mohawk Flooring. He has lead an adventurous life with his sons over the years. Tom has hiked most of the AT, explored large areas of the Rockies, and built his own log home. With his life experience in the outdoors and passion for developing authentic godly men, Tom is more than qualified to lead young men at the Mountain Man Rendezvous.



John Sines, Rendezvous Cook

John and his wife Linda have 2 adult sons, and two grandchildren. John is a dentist by day and a jack-of-all-trades by night. He grew up in the mission fields of the Far East and Africa and has travelled extensively. John is also gifted with his hands and can build or repair just about anything. He enjoys cooking for large groups that are very hungry so come with a good appetite!

3 SCHEDULE

Friday

5:00 Arrive at Whigg Meadow and set-up camp
6:30 Supper
7:30 Campfire Worship
10:00 Sweet Dreams

Saturday

8:00 am Breakfast
10:00 Group Worship
11:00 Time alone with God
12:30 pm Lunch
1:30 Afternoon activities
6:30 Supper
7:30 Campfire Worship
8:30 Night Activities
10:00 Hit the Sack!

Sunday

8:00 am Breakfast
9:00 Pack-up
10:00 Circle of Men
11:00 Drive home



4 GEAR LIST

You can either drive up to the parking area just below Whigg Meadow or hike there on a 1.5 mile trail from Mud Gap trailhead just off the Cherohala Skyway. If you are just driving in you will only need camping gear. If you are backpacking in you will need additional backpacking gear and probably pack less! Since all of your meals are provided there is no need to bring food or cooking equipment... making it so nice and simple! So here's the checklist for the trip...

General Backpacking & Camping Gear

- Backpack
- Sleeping bag
- Sleeping pad
- Pillow
- Lightweight Tent
- Ground cloth
- Tarp w/cordage for extra shelter
- Water bottles

Clothing

- Trail shoes
- Wool socks
- Shorts
- Long pants
- Rain gear
- Fleece jacket
- Cap
- "Mountain Man" clothing (optional)



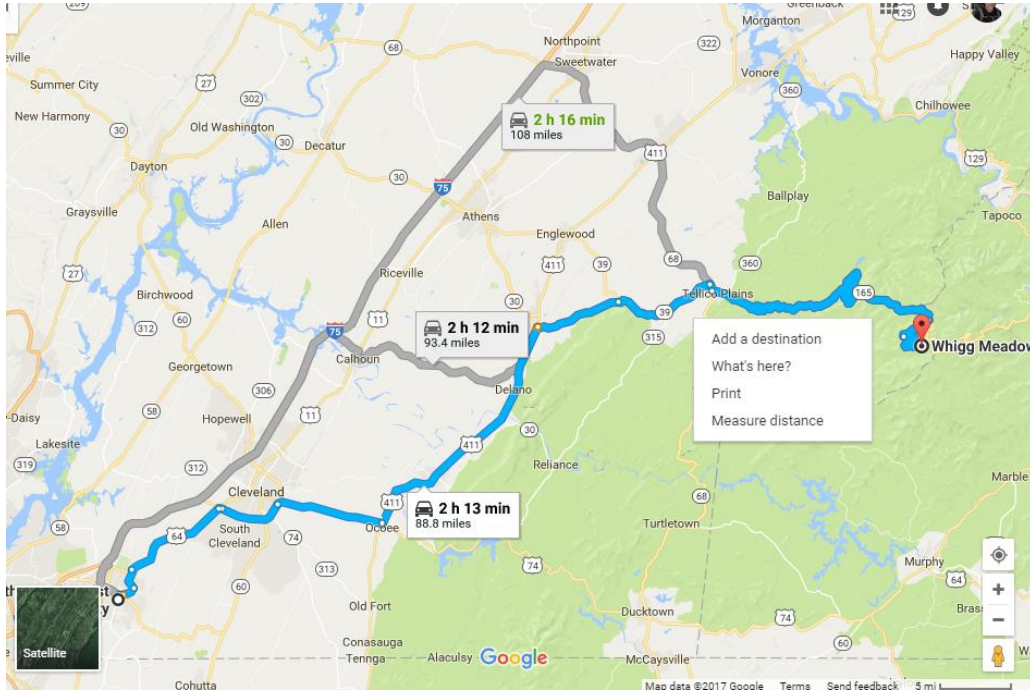
Misc. Personal Items

- Sunglasses
- Sunscreen (SPF 30+)
- Lip balm
- Headlamp
- Extra batteries
- Ear plugs for tent flap wind noise
- Toilet paper
- Hand trowel
- Deodorant
- Pack towel for bathing
- Bible
- Journal
- Pen/pencil
- First Aid Kit
- Axe/hatchet
- Survival gear
- Camp Chair

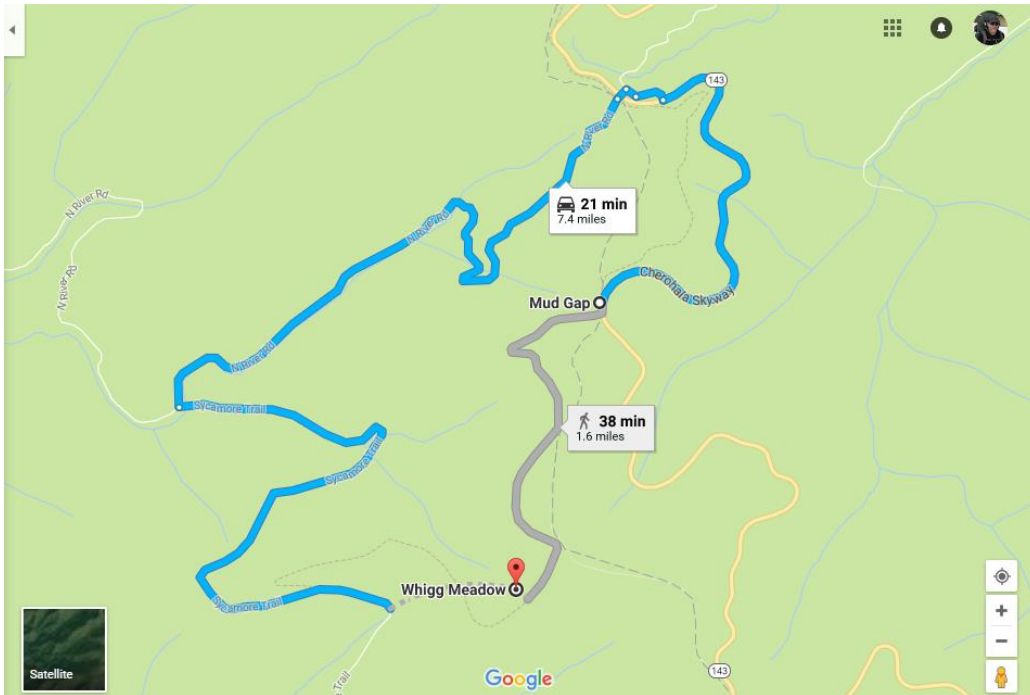


5 LOGISTICS

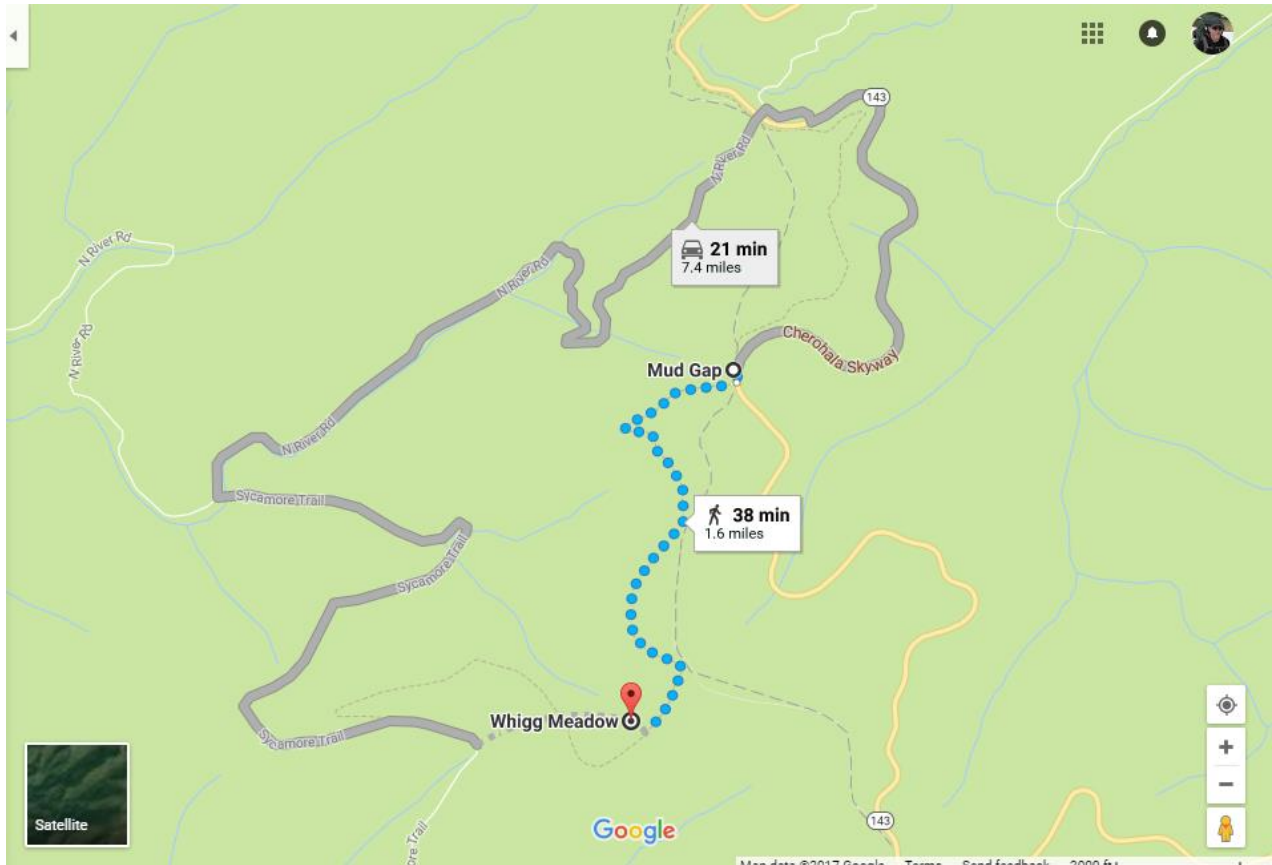
Driving Directions to Whigg Meadow



Detailed Map from Cherohala Skyway (Stratton Meadows Overpass) to Whigg Meadows



Hiking from Mud Gap to Whigg Meadow



Weather Forecast



To keep track of conditions you can click on the following link...

http://forecast.weather.gov/MapClick.php?lat=35.323669198937026&lon=-83.99374008178711&site=mr&smap=1&marine=0&unit=0&lg=en#.Vp_xDPkrLnA

Mountain Man Rendezvous Participant Profile

Contact Information

Name _____

Address _____

Cell Phone _____ Email _____

Emergency Contact _____

Name	Relationship	Phone
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Personal Information

Education _____

Occupation _____

Marital Status Single Married Divorced Separated

Name of Spouse _____

Children	Name	Grade Level	Age

Rate the following from 1 to 5, with 5 being strong and 1 being weak.

My walk with God	1	2	3	4	5	NA
My marriage	1	2	3	4	5	NA
My work satisfaction	1	2	3	4	5	NA
My parenting	1	2	3	4	5	NA
My finances	1	2	3	4	5	NA
My health	1	2	3	4	5	NA

What are your top three worries or concerns facing you right now?

Do you feel you have a clear path to meet the challenges you face as a man?

Do you feel that you were prepared for the challenges of life you are currently facing?

Do you have 1-3 close friends that you can talk to and depend on during tough times?

Do you have a mentor, and older man, who you seek guidance from on a regular basis?

BLUEPRINT FOR MEN, INC
Release Form

Participant Name: _____

Date of Activity: _____ to _____, 20 _____

Please read Release Form Carefully

I am aware that during my participation in *Blueprint for Men* sponsored adventure activities, certain risks and dangers may occur. These include, but are not limited to: the hazards of being in a wilderness or natural area, on a physical fitness course (i.e. increased heart rate, sudden pulse rate increase, general heart risk [especially for those with past heart conditions], and death), the forces of nature, and other dangers inherent in being in or near a pool, lake, river and other recreational areas.

In consideration of my voluntary election to engage in activities sponsored by *Blueprint for Men*, I do hereby assume all risks and to the fullest extent permitted by law do hereby agree to defend and hold harmless *Blueprint for Men*, their representatives, officers, employees, agents, successors, or beneficiaries from and against any and all personal injury, causes of action, losses, cost, liability, actions, debts, claims, damages, expenses, and demands of every kind and nature whatsoever, including attorney fees and court costs, which I now have or which may arise from or in connection with my presence or participation in any activities arranged for me except for gross negligence or willful acts of *Blueprint for Men*, its employees, agents or contractors.

Further, I agree to indemnify *Blueprint for Men* for any causes of action, losses, cost, attorney fees, liability, actions, debts, claims, damages, expenses, and demands of every kind and nature whatsoever which I now have or which may arise from or in connection with my presence or participation in any activities arranged for me except for losses caused by gross negligence or willful acts of *Blueprint for Men*, its employees, agents or contractors.

This agreement shall be binding upon me, my heirs, executors and administrators. I have been informed of the risks of participating in any and all activities and my participation in these activities is completely voluntary and I assume all risks associated therewith.

By signing below I agree to allow *Blueprint for Men* to use any pictures or video footage of this program for its promotional purposes.

SIGNED, this _____ day of _____, 20 _____

(Minors [anyone under the age of 18] must have their parent or guardian sign on their behalf.)

NAME: _____ SIGNATURE: _____
(Please print full name) (If minor, signature of parent or guardian)

BLUEPRINT FOR MEN HEALTH STATEMENT FORM

The proposed activity provided by *Blueprint for Men* requires participation in physical exercises which are, by their nature, physically demanding. Many of the activities will challenge you, and cause surges in blood pressure and pulse rates. It is imperative that you are free of any heart related or other diseases. Therefore, all participants must be free of medical or physical conditions which might create undue risks to themselves or any others in the group who depend on them. Good physical condition will increase your enjoyment of the outdoor activities. If there is any doubt about your ability to safely participate in this experience, you should consult with a physician. (NOTE: If you have had any heart related problems you will need to have a release form from a physician in order to participate in the program.)

Name: _____
 Address: _____
 Email: _____ Phone: _____
 Date of Birth: _____ Age: _____ Gender: _____
 Emergency Contact Person: _____ Relationship: _____
 Home Address: _____
 Email: _____ Phone: _____

HEALTH HISTORY (circle appropriate response)

Current General Health Condition:	Excellent	Good	Fair	Poor
Have you had or do you currently have any heart problems?			Yes	No
Do you frequently suffer from pains in your chest?			Yes	No
Do you often feel faint or have spells of dizziness?			Yes	No
Has a doctor ever told you that you have high blood pressure?			Yes	No
Do you have arthritis, joint or back problems that are aggravated by exercise?			Yes	No
Have you had any operations or serious injuries?			Yes	No
Do you have any physical disabilities or chronic recurring illness?			Yes	No
Do you have Epilepsy?			Yes	No
Do you have Diabetes?			Yes	No
Are you allergic to any medication, insects or pollen?			Yes	No
Are you currently sick and/or using medication?			Yes	No
Do you have any prescribed meal plan or dietary restrictions?			Yes	No
Are there any activities to be limited/discouraged by physician's advice?			Yes	No
Please describe any "yes" answers above: _____				

Do you carry health insurance? Yes No
 Carrier: _____ Policy _____

REPRESENTATION AND EMERGENCY AUTHORIZATION

This health history is correct so far as I know, and I believe that my health is satisfactory to participate in adventure activities. I hereby give permission to the medical personnel selected by *Blueprint for Men* to order injection and/or anesthesia and/or surgery for me. Such authorization for emergency treatment shall also include but is not limited to, charges incurred for the providing of aid and arranging evacuation if *Blueprint for Men* or its agents determine that such evacuation is necessary and desirable. I further agree to assume responsibility for the costs of any specialized means of evacuation and of any medical care and acknowledge any restrictions placed on my activities.

Signature of Participant _____ Date _____

Signature of Witness _____